

## Brainstorms for BASN Paper – Revision 0.3

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### Ruminations on BASN Utility:

#### Observation:

- Body-area sensor networks are beginning to find uses in a variety of applications to include: healthcare monitoring, performance assessment, and entertainment.
- Body-area sensor networks provide personalized, accurate, precise, continuous, functionality that is currently unavailable by any other means.

Limitations of Healthcare Assessment	Invasive	Under-Sampled	Imprecise	Inaccurate	Inflexible	Expensive
Clinical Monitoring						
Expert Observation						
Patient Self-Reports						
Body Sensor Networks						
InsignificantSignificant						

#### Similar Theme:

- Many cars now have onboard computers that continuously monitor and control systems linked by CAN-bus. Alerts are generated when diagnostics indicate the detection of a fault, which allows the driver or trained professionals to quickly isolate and remediate a problem. Can BASNs become omniscient, omnipresent, and nearly invisible human onboard computer?

### Ruminations BASNs vs. WSNs:

WSNs		BASNs
Larger Scale ( $\geq 10^3 \text{ m}^2$ , $\geq 10^2$ nodes) w/ emphasis on expandability; Decentralized mesh network with multi-hop routing; In-network aggregation and query processing are key to managing throughput and energy	Network	Smaller Scale ( $\leq 1 \text{ m}^2$ , $\leq 10$ nodes) w/ emphasis on minimum essentials; Star topology with centralized control
Provided by arbitrarily placed and high node density, lower sampling rate ( $\leq 10 \text{ sps}$ )	Fidelity	Provided by specifically placed and low node density, higher sampling rate ( $\geq 100 \text{ sps}$ )
Miniaturization ( $\leq 25 \text{ cm}^3$ ) desired for future application; Environment Hardened	Form Factor	Miniaturization ( $\leq 5 \text{ cm}^3$ ) essential to current application; Wearable or implantable (biocompatible), and usable
Higher battery capacity ( $\geq 1000 \text{ mAh}$ ); Irregular recharge cycle ( $\geq 1 \text{ Year}$ ); Solar scavenging potential	Energy (Li-Poly)	Lower battery capacity ( $\leq 200 \text{ mAh}$ ); Regular recharge cycle ( $\leq 24 \text{ hours}$ ); Mechanical scavenging potential
Largely homogeneous with similar requirements; QoS and graceful degradation ensured by quantity of sensors and efficient data aggregation; Sensor quality less important; Lower signal variability	Sensors (MEMS, et al.)	Largely heterogeneous with different requirements; Sensor quality more important; Higher signal variability
Fixed installation creates lower RF RSS variability; Far-field wireless communication only ( $\geq 10 \text{ m}$ ); Interference sources largely known; Low-complexity decoding	Communication (2.4 GHz ZigBee or Bluetooth)	Body shadowing and mobile installation creates higher RF RSS variability; Opportunities for near-field or wired operation ( $\leq 1 \text{ m}$ ); Interference sources largely unknown;

essential for aggregation; Security focus		Low complexity encoding essential for less capable nodes; Security and privacy focus
Hardware-agnostic w/ ease of node/system programmability	Operating System	Hardware-aware, highly efficient, and less programmable
Higher resource symmetry; Collaborative processing of sensor group	Signal Processing ( $\text{MSP430} \leq 8 \text{ MIPS}$ )	Resource asymmetry; Hierarchical processing of single sensor(s); Responsible for QoS and graceful degradation; A key driver of ensuring system energy efficiency
Contract-driven (e.g. government, military, commercial)	Cost ( $\leq \$100$ per node)	Consumer-driven (i.e. individuals)

### **Ruminations on the Need for New Perspective:**

Lemma 1:

- Acceptance of discomfort, inconvenience, and invasiveness, or cost incurred by any technology is directly proportional to the value that it provides to the user.

Corollary 1:

- Body-area sensor networks (BASNs) must become nearly imperceptible to the user and affordable, while providing valuable information and/or assistance, to achieve widespread acceptance.

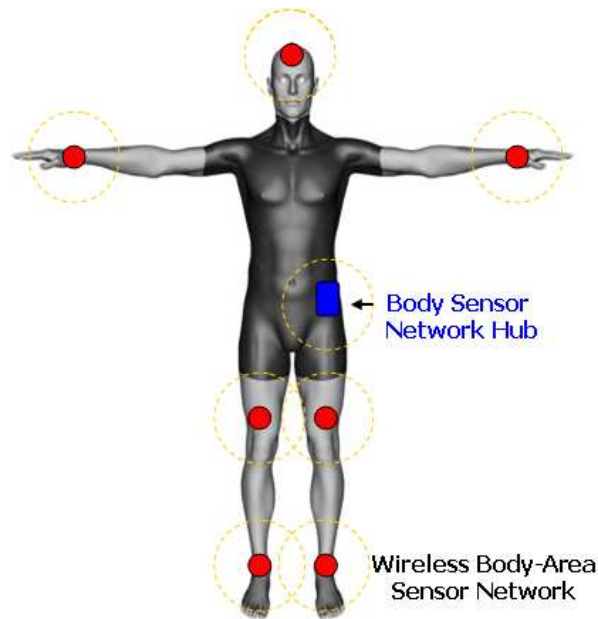
Questions:

- What is considered imperceptible?
  - Ergonomic and small (e.g. wearable or implantable)
    - Effect: Limits energy capacity and resources
    - Effect: Special attention paid to sensor placement to maximize orthogonality of information and minimize obtrusiveness, visibility
- How can we drive cost of BANs down?
  - Volume
    - Effect: Systems that are highly scalable and configurable will meet the needs of many different applications.
- What is valuable information?
  - Fidelic and selective
    - Effect: Higher processing needs consume energy
    - Effect: Processing at the right level of hierarchy to meet the operational profile (e.g. transient detection, longitudinal observation, vigilant monitoring)

Observed Need:

- There is a need to identify and address design considerations, opportunities, and challenges at all levels of design (i.e. circuit to system) to create next-generation BASNs that will achieve widespread acceptance over a wide range of applications.

### **Ruminations on the Definition of BASNs:**



Strict Definition:

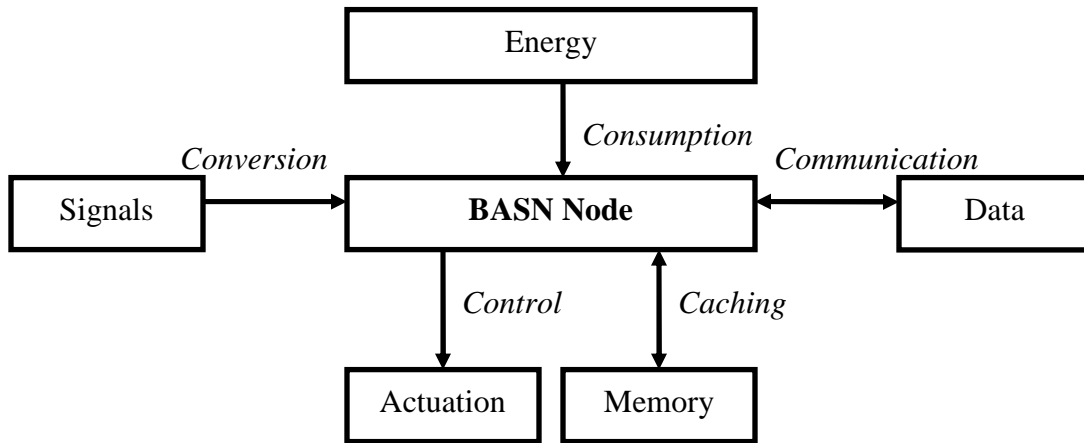
- Two or more interconnected nodes comprising sensing and communication capabilities, located on or within a human body.

Common Characteristics:

- Sense biological, environmental, or physical phenomena using 10 or less sensor nodes
- Have processing capabilities provided by mixed-signal, low-power processors
- Utilize wireless communication to forward relevant information to a super-node (hub), which may be an integration-type device (e.g. Palm or Windows Mobile) with more resources and external communication capability (3G cellular)
- Integrate with larger-scale processing, storage, and presentation software infrastructure

\* *See Table Below*

Functional Block Diagram:



### Ruminations on the Healthcare Applications:

Sensing Modes:

- Features (Transient Detection)
  - High Sampling Rate Relative to Signal Bandwidth
  - High Resolution
  - Low Processing Demand
  - High Store/Forward Demand
  - Error Sensitive
- Events (Vigilant Monitoring)
  - High Sampling Rate Relative to Signal Bandwidth
  - Variable Resolution
  - High Processing Demand
  - Low Store/Forward Demand
  - Error Insensitive
- Trends (Longitudinal Observation)
  - Low Sampling Rate Relative to Signal Bandwidth
  - Low Resolution
  - Low Processing Demand
  - Low Store/Forward Demand
  - Error Insensitive

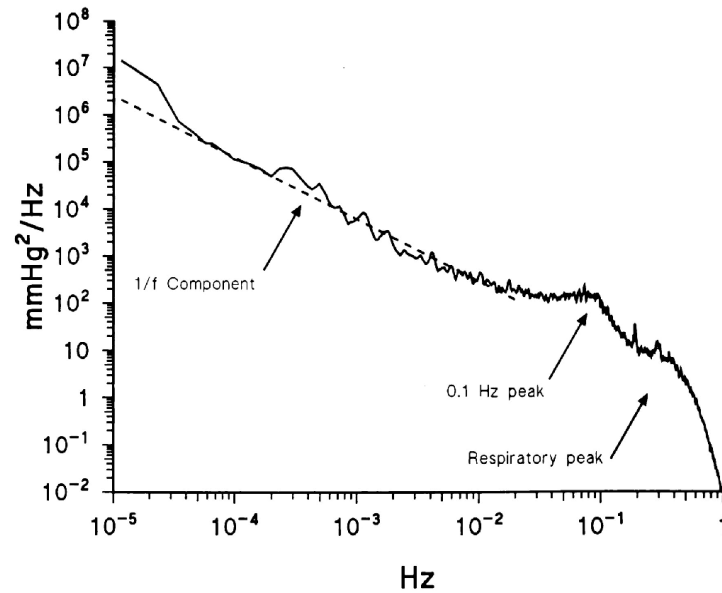
#### Sensing Options:

- Blood Pressure (Pressure cuff, Intravenous sensor)
  - Data Rate (<1 bps – 1 Kbps)
  - Duration: 1 minute – 1 day
    - Leads: 1
    - Resolution: 8 – 12 bit
    - Sampling Rate: 100+ Hz
- Heart Rhythm (Electrocardiogram)
  - Data Rate (1 Kbps – 100 Kbps)
  - Duration: 1 hour – 1 month
    - Leads: 1 – 12
    - Resolution: 8 – 12 bit
    - Sampling Rate: 250+ Hz
- Respiration (Pressure band)
  - Data Rate (100 bps – 1 Kbps)
  - Duration: 1 hour – 1 day
    - Leads: 1
    - Resolution: 8 – 12 bit
    - Sampling Rate: 20+ Hz
- Brain Activity (Electroencephalogram)
  - Data Rate (10 Kps – 1 Mbps)
  - Duration: <1 hour
    - Leads: 10 – 20
    - Resolution: 12 – 24 bit
    - Sampling Rate: 250+ Hz
- Muscle Activity (Electromyogram)
  - Data Rate (1 kbps – 100 kbps)
  - Duration: <1 hour
    - Leads: 1 – 20
    - Resolution: 12 – 24 bit
    - Sampling Rate: 250+ Hz
- Skin/Basal Temperature (External/Internal Thermistor)
  - Data Rate (<1 bps – 100 bps)
  - Duration: 1 minute – 1 day
    - Leads: 1
    - Resolution: 8 – 12 bit
    - Sampling Rate: 0.01+Hz
- Movement (Accelerometer, Gyroscope)
  - Data Rate (1 kbps – 10 kbps)
  - Duration: <1 hour
    - Leads: 1 – 8 (3 – axis)
    - Resolution: 8 – 12 bit
    - Sampling Rate: 100+ Hz
- Blood Oxygenation (Pulse Oximeter)
  - Data Rate (<1 bps – 100 bps)
  - Duration: 1 hour – 1 day

- Leads: 1
  - Resolution: 8 – 12 bit
  - Sampling Rate: 0.01+Hz
- Blood Glucose (Subdermal Implant)
  - Data Rate (<1 bps – 100 bps)
  - Duration: 1 minute – 1 month
    - Leads: 1
    - Resolution: 8 – 12 bit
    - Sampling Rate: 0.01+Hz
- Stress (Galvanic Skin Response)
  - Data Rate (1 Kbps – 10 Kbps)
  - Duration: 1 minute – 1 month
    - Leads: 1
    - Resolution: 12 – 24 bit
    - Sampling Rate: 100+Hz
- Biochemical Concentrations (Implantable nano-molecular receptors)
  - ND

Sensed Phenomena:

- Blood Pressure

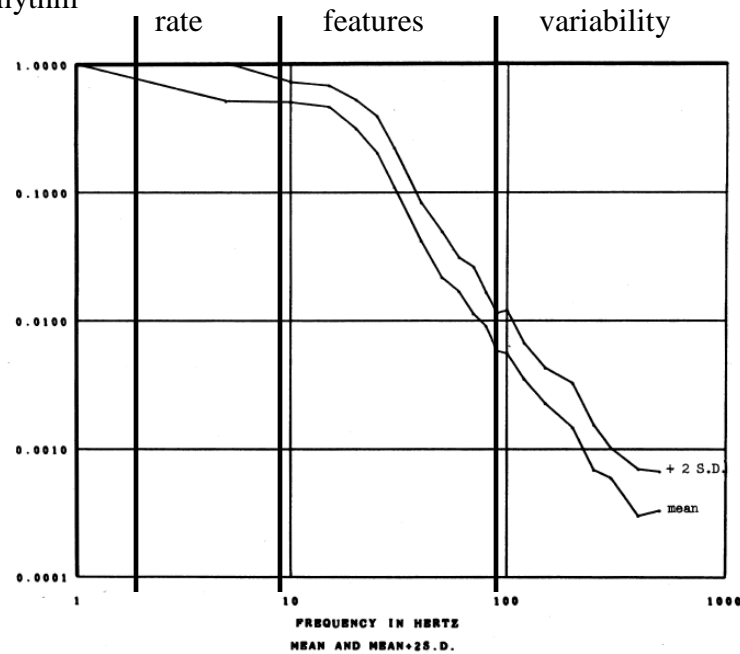


From: Parati et al., "Spectral Analysis of Blood Pressure and Heart Rate Variability in Evaluating Cardiovascular Regulation : A Critical Appraisal," *Hypertension*, vol. 25, Jun. 1995, pp. 1276-1286.

Critical Care (Transient Detection) Arterial Sampling Frequency:  $\sim 100 \text{ Hz}$

Non-Critical (Longitudinal Observation) Oscillometric Sampling Frequency:  $\sim 0.01 \text{ Hz}$

- Heart Rhythm



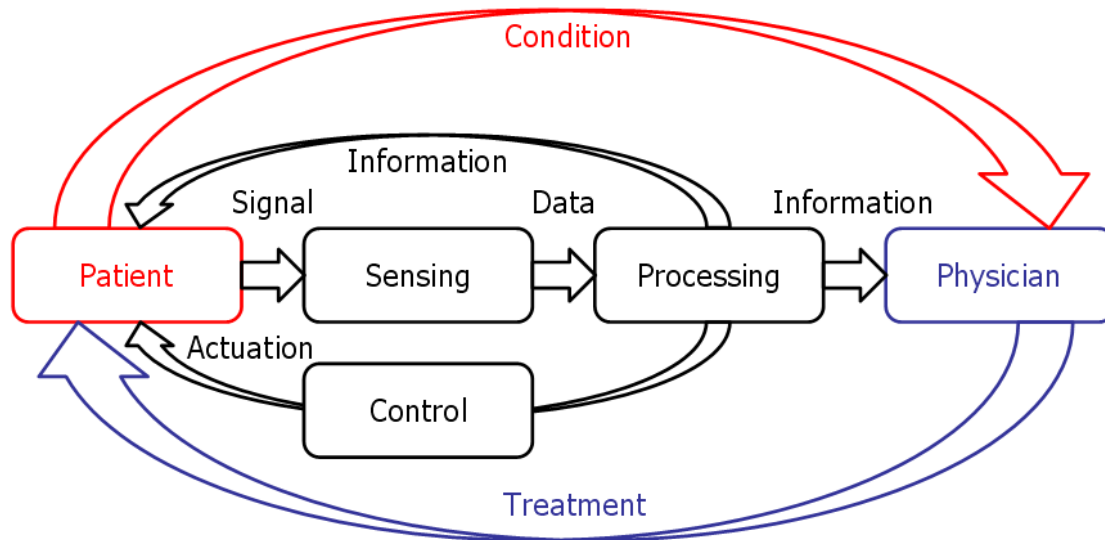
Critical Care (Transient Detection) ECG Sampling Frequency:  $\sim 10 \text{ kHz}$



Non-Critical (Longitudinal Observation) Heart Rate Sampling Frequency: 1 kHz

From: D.P. Golden, R.A. Wolthuis, and G.W. Hoffler, "A Spectral Analysis of the Normal Resting Electrocardiogram," *Biomedical Engineering, IEEE Transactions on*, vol. BME-20, 1973, pp. 366-372.

BASNs in Healthcare:



Take-Away Theme:

- Several stakeholders want information at different times, but the fidelity of desired information is different for the time and the stakeholder.

Ruminations on Table of Characteristics:

